

WELLNESS WALK-INS

AT HOWARD BROWN HEALTH - 55TH St.

Join us for a monthly gathering space for access to affordable healthcare, community wellbeing, education, and connection in partnership with UIC's School of Urban Medicine.

Topic: Major Depressive Disorder
Hosted by Dr. Jeffrey Ross, Flourish Research



NUTRITION

Free lunch is served after every session.



COMMUNITY WELLNESS & Education

Build connection and wellness support with Hyde Park residents and Howard Brown. We will highlight a different health topic each month.



Access to Care

Howard Brown Health staff and volunteers are onsite to support scheduling and linking you to care

**FREE &
WELCOMING**

QUESTIONS:

**COMRELATIONS@
HOWARDBROWN.ORG**

SEPTEMBER 19, 2026

Saturday | 11 a.m. - 1 p.m.

1525 E 55th St

Howard Brown Health 55th St. Clinic
Walk in Clinic 1st Floor (corner entrance)

RSVP

