

# HEALTH CENTERED

FREE!  
TAKE ONE

THE QUARTERLY NEWSLETTER OF HOWARD BROWN HEALTH

Fall 2018

## Turning Healthcare Expertise into Change

Howard Brown Health's Center for Education, Research, and Advocacy is working to further LGBTQ health research and best practices in order to effect change wherever LGBTQ people receive care and other vital services. The integration of education, research, and advocacy lets us share and implement our findings in real time.

This year's Midwest LGBTQ Health Symposium (MLHS) equips healthcare providers with the skills they need to better serve the LGBTQ community with quality care. The theme is "Moving Towards Health Equity. Strengthening Our Community of Care." While affirming healthcare for LGBTQ people is accessible, there are still racial, social, and economic inequities that must be addressed and overcome. The sessions for this year's MLHS were specifically selected to help address health disparities within LGBTQ communities.

To learn more, visit [howardbrown.org/mlhs2018](http://howardbrown.org/mlhs2018)



The 2018 Community Impact Report, through its theme *Centered Around You*, highlights Howard Brown's achievements in the last year as we work towards more affordable, accessible, culturally competent healthcare. The report celebrates milestones in offering the best, comprehensive services that lead to improved health outcomes, not only for our patients, but also for public health in the City of Chicago.

Read the report at [howardbrown.org/2018CommunityImpact](http://howardbrown.org/2018CommunityImpact)

## Upcoming Events

10/20

**Big Orange Ball**  
8 p.m. - Midnight

Park West, 322 W. Armitage Ave  
Chicago, IL 60614

11/27

**Giving Tuesday**

Join us online for a day of success  
stories and fundraising.  
[howardbrown.org/donate](http://howardbrown.org/donate)

12/1

**World AIDS Day**

Get ready for a day of free health  
screenings, education, and more!

For details and a complete list of upcoming events, visit  
[howardbrown.org/events](http://howardbrown.org/events)



# WHOSE SEATS? YOUR SEATS!



Election Day is Tuesday, November 6. The 2018 midterm elections will decide who fills the seats in Congress. Make sure your voice is heard and register to vote at Howard Brown Health locations. For more information on how to get involved, join us in Englewood and Rogers Park on Mondays, at the following times:

**HOWARD BROWN HEALTH 63RD ST**  
641 W. 63rd St.  
Chicago IL 60621

➤ September 17  
9 A.M. - 12 P.M.  
1 - 4:30 P.M.

➤ October 1  
9 A.M. - 12 P.M.  
1 - 4:30 P.M.

➤ October 15  
9 A.M. - 12 P.M.  
1 - 4:30 P.M.

**HOWARD BROWN HEALTH CLARK**  
6500 N. Clark Street  
Chicago IL 60626

➤ September 24  
10 A.M. - 12 P.M.  
3 - 5 P.M.

➤ October 8  
10 A.M. - 12 P.M.  
3 - 5 P.M.

➤ October 15  
10 A.M. - 12 P.M.  
3 - 5 P.M.

**Questions about how to register?** Speak with a Patient Services Representative at any of our clinic locations today!

Shop at The Brown Elephant and support LGBTQ health

All three locations  
open 11 a.m. - 7 p.m. every day

## Lakeview

3020 N. Lincoln Avenue, Chicago, IL 60657  
773.549.5943

## Andersonville

5404 N. Clark Street, Chicago, IL 60640  
773.271.9382

## Oak Park

217 Harrison Street, Oak Park, IL 60304  
708.445.0612



The resale shops of  
**Howard Brown Health**

## Site Information

### Howard Brown Health Clark

6500 N. Clark St.  
Chicago, IL 60626

### Howard Brown Health Sheridan

4025 N. Sheridan Rd.  
Chicago, IL 60613

### Howard Brown Health Diversey

2800 N. Sheridan Rd.  
Suite 211  
Chicago, IL 60657

### Broadway Youth Center Broadway

4009 N. Broadway  
Chicago, IL 60613

### Howard Brown Health Halsted

3245 N. Halsted St.  
Chicago, IL 60657

### Howard Brown Health 55<sup>th</sup> St.

1525 E. 55<sup>th</sup> St.  
Chicago, IL 60615

### Howard Brown Health 63<sup>rd</sup> St.

641 W. 63<sup>rd</sup> St.  
Chicago, IL 60621

### Howard Brown Health at TPAN

5537 N. Broadway  
Chicago, IL 60640

To schedule an appointment, call  
**773.388.1600**

For clinic hours, visit  
[howardbrown.org/health-centers](http://howardbrown.org/health-centers)

### Howard Brown Health Counseling Center

3948 N. Sheridan Rd.  
Chicago, IL 60613

### Howard Brown Health at Thresholds South

734 W. 47<sup>th</sup> St.  
Chicago, IL 60609

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@thebrownelphant



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@brownelphant



@howardbrownhc

# Community Spotlight

## Get to know the Community Advisory Board

Armando Ramirez has been a member of the Howard Brown Health Community Advisory Board (CAB) for over three years. Coming from a Latinx background, Armando joined so that the Latinx voice could be represented.

Living with HIV, Armando is very involved in the community and uses Howard Brown as a platform to inform the Latinx community about the services that we offer. "I mention to friends and family all the important things Howard Brown does for everyone, not just the LGBTQ community," says Armando.

When asked about his favorite part of being a CAB member, Armando said, "Knowing what goes on behind the scenes at Howard Brown and what they do for the community gives me lots of pride in being part of an organization that is doing everything possible to help. When I was first diagnosed as living with HIV, Howard Brown was the only organization that helped me, and because of them, I am the person I am today and I am grateful for it."

You can learn more about the Community Advisory Board at [howardbrown.org/volunteer](http://howardbrown.org/volunteer)

## New Suboxone Program

### Assistance for people with opioid addiction

Suboxone is a medication used for the treatment of addiction to heroin, prescription pain medication, or other opioids. It can reduce cravings and help people stop using. Any client of Howard Brown Health who is actively engaged in medical care and wants help with opioid use is eligible for the Suboxone Program. Our team provides support throughout the program. If you have needs or barriers that would stop you from participating in the program, the Suboxone Coordinator can assist you with resources, referrals, and transportation cards for appointments.

If you are interested in the Suboxone Program and want help for opioid use, talk to your medical provider at your next primary care appointment. For more information you can also contact the Suboxone Coordinator at 773.388.1600 ext. 6315



*Armando Ramirez (he/him),  
Community Advisory Board  
member for three years*







# Donor Spotlight

Avery Matthew (they/them) has been a Heartbeat member, making monthly recurring gifts to Howard Brown Health since July 2017. As a Howard Brown patient, they wanted to support our ability to provide high-quality, affirming care to others who do not have private insurance and the ability to pay. According to Avery, “I’ve found a wonderful provider who is affirming and knowledgeable working with trans and non-binary individuals. They’ve provided sound care and have given me guidance and support. It’s made the healthcare aspect of my transition something I look forward to. I know many people who work at Howard Brown and they are all extremely dedicated and passionate about the mission. I donate in support of them.”

Avery continues, “I go to Howard Brown for my testosterone. Given the limits with other medical and insurance providers, without Howard Brown I might not have access to the treatment I desire. Additionally, if I needed to go somewhere else, I might have to answer invasive questions, be challenged or questioned about my gender identity, or put my health at risk by going to a provider that isn’t competent with transgender care. The support I’ve received from Howard Brown is invaluable to how confident and in-body I feel now.”

“Trans and non-binary healthcare is an area that needs growth and investment and I believe that Howard Brown is taking good steps to continuously grow in this area. Because of this, I’m not only a patient at Howard Brown, but I’m also a donor. My donation is allocated to their trans healthcare efforts,” they stated.

You can sign up to be a monthly donor at \$5 or more at [howardbrown.org/donate/heartbeat/](http://howardbrown.org/donate/heartbeat/)



*Avery Matthew (they/them),  
proud monthly donor to  
Howard Brown*

**heartbeat**  
Howard Brown Health Monthly Giving Program



## Let's Keep Talking About PrEP Putting sexual health within your reach

Howard Brown is so thankful for the excitement surrounding the “Let’s Talk About PrEP” music video, which explains the benefits of PrEP in a playful way, featuring members of communities most in need of PrEP. It has played in bars across Chicago and received international attention. We’d like to thank KC Ortiz, Big Dipper, Imagination + Muscle Productions, Illinois Community Health Foundation, and the many other people who made this project possible.

Learn more about PrEP and watch the video at [howardbrown.org/PrEP](http://howardbrown.org/PrEP)

