

HEALTH CENTERED

FREE!
TAKE ONE

THE QUARTERLY NEWSLETTER OF HOWARD BROWN HEALTH

Winter 2018-2019

A place for teens to meet, heal, and grow

If you're between ages 13 and 19, check out new Saturday hours at the Broadway Youth Center (BYC). It's a space to relax, make friends, and recharge.

The BYC started Teen Day to meet the needs of LGBTQ teens. It's a great place to learn a new skill, explore cultural arts, or join the youth development programming that we offer every afternoon. You can also stop in for health services or meet privately with someone to talk about anything that's on your mind. There's no appointment necessary, and BYC sees everyone, regardless of ability to pay.

Teen Day Services

- Artistic programming
- Empowerment workshops
- Talk with a therapist
- Food
- Basic needs assistance
- Health clinic



Teen Day at the Broadway Youth Center
4009 N. Broadway, Chicago, IL 60613
Saturdays, noon – 5 p.m.

Upcoming Events

01/16

Great Believers book talk with Rebecca Makkai and David Ernesto Munar

Howard Brown Health Clark
6500 N. Clark Street
6 - 8 p.m.

January

Cervical Cancer Awareness Month

If you haven't gotten a pap in the
last three years, now's the perfect
time to get one.

February

Black History Month

Celebrate the legacy and history of
the Black community this February.

For details and a complete list of upcoming events, visit
howardbrown.org/events



Have a cervix? Get a pap!

January is cervical cancer awareness month. Transgender men, cisgender women, and anyone with a cervix should get a pap test. Cervical cancer can be prevented by regular screening and treatment when necessary.

At Howard Brown, we respect your needs and the words you use to refer to your body. Our goal is to make you as comfortable as possible while helping you stay healthy. Most health insurance plans are required to cover these screenings at no cost for individuals. To schedule an appointment, please call 773.388.1600 or see a Patient Services Representative.

Need legal help?

Howard Brown has a free Legal Clinic available to any of our patients, three days a week. Any patient or client can get help for issues including public benefits like SNAP or other public assistance, discrimination in housing or employment, name and gender marker changes, and more.

At our clinics patients and clients can access legal assistance. Services are available at our clinics on Mondays in Rogers Park, Wednesdays in Uptown, and Thursdays in Englewood.

Email legalclinic@howardbrown.org or call 773.388.8665 for more information.

LEGAL COUNCIL
FOR HEALTH JUSTICE



NEED LEGAL HELP?
It's free!

MONDAYS	WEDNESDAYS	THURSDAYS
Howard Brown Health Clark	Howard Brown Health Sheridan	Howard Brown Health 63rd St.

Site Information

Howard Brown Health Clark

6500 N. Clark St.
Chicago, IL 60626

Howard Brown Health Sheridan

4025 N. Sheridan Rd.
Chicago, IL 60613

Howard Brown Health Diversey

2800 N. Sheridan Rd.
Suite 211
Chicago, IL 60657

Broadway Youth Center Broadway

4009 N. Broadway
Chicago, IL 60613

Howard Brown Health Halsted

3245 N. Halsted St.
Chicago, IL 60657

Howard Brown Health 55th St.

1525 E. 55th St.
Chicago, IL 60615

Howard Brown Health 63rd St.

641 W. 63rd St.
Chicago, IL 60621

Howard Brown Health at TPAN

5537 N. Broadway
Chicago, IL 60640

To schedule an appointment, call
773.388.1600

For clinic hours, visit
howardbrown.org/health-centers

Howard Brown Health Counseling Center

3948 N. Sheridan Rd.
Chicago, IL 60613

Howard Brown Health at Thresholds South

734 W. 47th St.
Chicago, IL 60609

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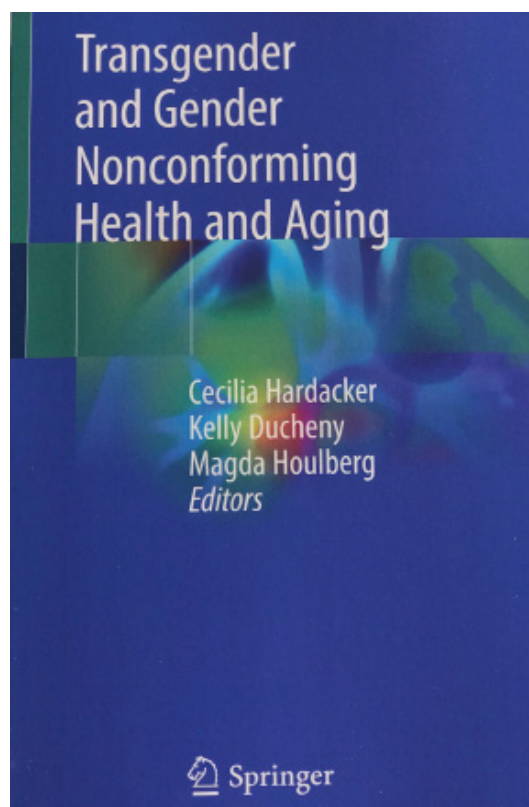
A new resource for TGNC care

Howard Brown Health's very own Cec Hardacker, Kelly Ducheny, and Magda Houlberg recently published a textbook that focuses on health and aging in the transgender and gender nonconforming community. Many Howard Brown staff persons contributed, including K. Tajhi Claybren, Channyn Parker, Kristin Reitz, Tatyana Moaton, Kelly Rice, and Katt Ross.

Transgender and Gender Nonconforming Health and Aging is the first resource of its kind. There has never been a book that focuses on the holistic needs of transgender, gender nonconforming (TGNC) and non-binary folks as they age. There is a widespread belief that TGNC folks, particularly transwomen of color, have an average lifespan of 35 years of age. By addressing the needs of TGNC folks as they age, the contributors and editors of this resource are showing how people can defy that concept, showing that TGNC people can live long, healthy lives.

This text is ideal for any medical provider who may have a TGNC patient, which is every healthcare provider. The book is accessible to members of the community who are looking for a resource to help them advocate for themselves.

You can purchase the book online at the following link:
www.springer.com/us/book/9783319950303

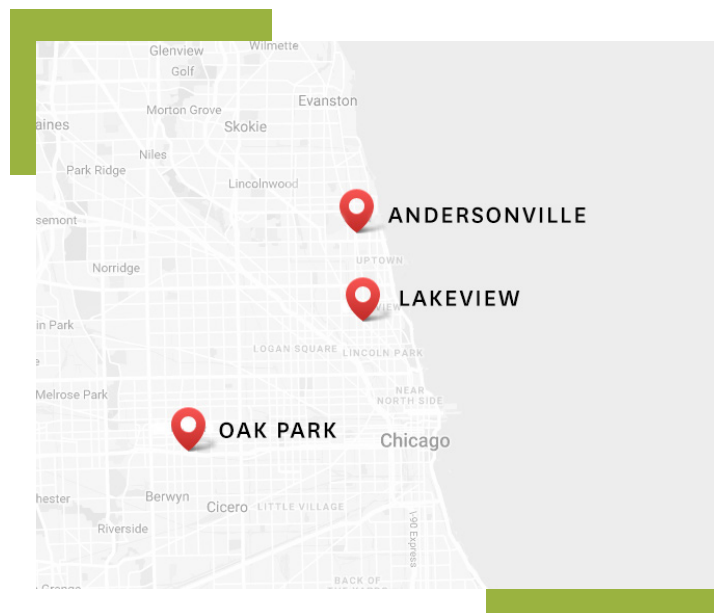


Bold and beautiful at Brown Elephant

With locations in Oak Park, Andersonville, and Lakeview, Brown Elephant resale shops are your source for fashionable finds, home décor, and everyday vintage style. Whether it's a new outfit or a whole new wardrobe, redecorating one room or redesigning your whole home, you can find it at Brown Elephant.

All proceeds benefit LGBTQ health and fund care for the uninsured and under-insured at Howard Brown Health.

We also accept gently used clothing, furniture, house, and some electronics. Donation drop-offs can be made at any Brown Elephant location from 11 a.m. - 7 p.m., seven days a week. To learn more about the types of items we accept visit the Brown Elephant website at www.brownelephant.com



The resale shops of
**Howard Brown
Health**



Donor Spotlight

Each year, dozens of kids support Howard Brown Health!

During Pride month, our clinic neighbors Daphne and Hazel hosted a lemonade stand during the Pride Parade. Other young people have raised money at school and done service projects.

Recently, Annie Frankel made a video about her LGBTQ friends for her Mitzvah project and made a donation to Howard Brown in solidarity. Making her video allowed Annie to learn about different experiences. "It was very powerful and sometimes it could be emotional," she said. "It's an important topic that isn't learned about enough."

We're proud that people of all ages support Howard Brown and are especially happy when young people feel that supporting their community, friends, and family is the most important way they can make the world a better place!

If you wish to support the work Howard Brown Health is doing you can donate to us at howardbrown.org/donate/

Your kind support is greatly appreciated.



Healthcare shouldn't be hard work.

Baristas, bartenders, sex workers, servers, models, mechanics, hotel workers, we want to hear from you! We want to know more about your healthcare needs, because you deserve healthcare that works as hard as you do.

The Hard Work & Health Community Needs Assessment is for student and workers in the arts, entertainment, service industries and cash economies. The information obtained from the survey will be used to develop an action plan to make healthcare more accessible and responsive to your health needs.

This survey can be found by visiting howardbrown.org/hardworkandhealth