



HEALTH CENTERED



**FREE!
TAKE ONE**

THE QUARTERLY NEWSLETTER OF HOWARD BROWN HEALTH

Summer 2019

Sexual Health Outreach Now in Oak Park and Hyde Park


HIV/STI screening & more. It's quick and confidential with no appointment necessary. Absolutely free.

Howard Brown Health Outreach is offering free sexual health services in Hyde Park and Oak Park. You can now access walk-in screening for STIs/STDs, HIV and hepatitis C, plus pregnancy testing and linkage to affordable treatment, whenever you need it.

Howard Brown Health 55th St.
1525 E 55th St., 1st Floor, Chicago, IL 60637
Monday, Tuesday, Wednesday, Friday: noon – 6 p.m.
Saturday: 9 a.m. – 3 p.m.

The Brown Elephant Oak Park
217 Harrison St., Oak Park, IL 60304
Thursday – Sunday: noon – 6:30 p.m.

For information about our other walk-in locations, visit howardbrown.org/walk-in



SEXUAL HEALTH ON YOUR SCHEDULE

Upcoming Events

06/30

49th Annual Chicago Pride Parade

Parade starts at noon.
Look for our float as we dance this year to honor the 50th anniversary of Stonewall.

08/10

Bud Billiken Parade

We are proud to be marching again this year to celebrate Chicago's south side annual back to school parade.

08/10-11

Northalsted Market Days

Don't miss the 3rd annual Health Village at our Halsted clinic at Market Days!

For details and a complete list of upcoming events, visit howardbrown.org/events



Howard Brown
Health

Celebrating Pride at Howard Brown Health

50 years ago, the Stonewall riots brought LGBTQ rights from the darkness and out into the light. As we commemorate a half century of struggle and progress, Howard Brown Health celebrates every person, family, and supporter that shines bright for themselves and their community. Let's continue to turn the light on for reflection, connection, and conversation. Let's tell our stories as an insistence on resistance. Let's talk about you. Let's talk about community. Let's talk about pride.

From parades to trains, Howard Brown is celebrating this Pride like no other. At the 49th annual Chicago Pride Parade, we'll be dancing all along the parade route and handing out free swag and more. Howard Brown's Women's Health Services and the Broadway Youth Center will be at the 23rd annual Dyke March. We are also doing our first-ever Pride train takeover. Find our rainbow-wrapped CTA Red Line cars from Howard to 95th all month long!



WHERE AFFORDABLE STYLE
SUPPORTS
AFFORDABLE HEALTHCARE
brown elephant.com

Site Information

Howard Brown Health Clark

6500 N. Clark St.
Chicago, IL 60626

Howard Brown Health 55th St.

1525 E. 55th St.
Chicago, IL 60615

Howard Brown Health Counseling Center

3948 N. Sheridan Rd.
Chicago, IL 60613

Broadway Youth Center Broadway

4009 N. Broadway
Chicago, IL 60613

Howard Brown Health Halsted

3245 N. Halsted St.
Chicago, IL 60657

Howard Brown Health 63rd St.

641 W. 63rd St.
Chicago, IL 60621

Howard Brown Health at Thresholds South

734 W. 47th St.
Chicago, IL 60609

Howard Brown Health Diversey

2800 N. Sheridan Rd.
Suite 211
Chicago, IL 60657

Howard Brown Health Sheridan

4025 N. Sheridan Rd.
Chicago, IL 60613

Howard Brown Health at La Casa Norte

3257 W. North Avenue
Chicago, IL 60647

Howard Brown Health at TPAN

5537 N. Broadway
Chicago, IL 60640

For more information, visit howardbrown.org/health-centers or call us at 773.388.1600

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What Undetectable=Untransmittable Means for People Living with HIV and Their Partners

In September of 2017, the Centers for Disease Control agreed with a signed statement by the New York Department of Health stating that people living with HIV who have maintained an undetectable viral load for at least six months will not sexually transmit HIV. U=U was developed as a campaign to increase awareness of the benefits of getting into and staying in care after receiving an HIV diagnosis, as well as reducing the stigma surrounding HIV. U=U is an extension of treatment as prevention as an effective method of reducing new HIV transmissions.

“Undetectable” describes when the amount of HIV in a person’s blood is so low that it does not show up on a lab test. The test measures a person’s “viral load.” Generally, antiretroviral HIV medications can, when taken as directed by a healthcare provider, decrease a person’s viral load. Over time, a person’s viral load can become undetectable. A person living with HIV needs to be undetectable for six months, with two undetectable viral load tests within this time, before their HIV is

considered untransmittable. It is very important that a person who has an undetectable viral load continue to take their medications as prescribed in order to remain undetectable.

“Untransmittable” means that a person living with HIV has virtually no chance of transmitting the HIV virus to someone else through sexual contact. Treatment as prevention means that a person is living with HIV but receiving medical care and treatment, their viral load is undetectable, and they are taking their antiretroviral medicines as prescribed, which significantly lowers their risk of transmitting the HIV virus.

You can learn more about U=U and get screened for HIV/STIs at one of Howard Brown's Sexual & Reproductive Health Walk-In Clinics near you.

To learn more about walk-in services, visit howardbrown.org/walk-in or call 773.388.1600.

Who Was Howard Brown?

Dr. Howard Junior Brown was born and raised in Illinois and went on to serve as New York City’s Health Services Administrator in 1966-1967. He was a powerful leader and educator in the fields of medicine and public health.

In 1973, in the wake of Stonewall, he made the bold and unprecedented decision to come out publicly, at a time when LGBTQ people were in constant risk of personal and professional ruin and an out and proud medical doctor was unthinkable. He jeopardized his safety, career, and personal life to pave the way for others to live authentically. After he died in 1975, the Howard Brown Memorial Clinic was named to honor his memory.

Howard Brown Health is proud to carry on his legacy of courage, leadership, and radical action in healthcare.

“You get to a point in your life where you want to leave a legacy — in a sense this can help free the generation that comes after us from the dreadful agony of secrecy, the constant need to hide.”

— Dr. Howard Junior Brown





Volunteer Spotlight

by Terra Campbell, Volunteer Specialist

As a child I saw the older ladies in my grandmother's circle visit sick people in their homes, show up to aid people when loved ones passed away, and drop off food to families less fortunate; sometimes they themselves were less fortunate. I witnessed people with a heart of service who possessed a genuine desire to help people. These women embodied the will to share their gifts and talents to see people have an easier life or just put a smile on someone's face. That was my first exposure to volunteerism.

I felt a call to give back just as my grandmother did and, as a longtime patient of Howard Brown Health, I am thrilled to be our new Volunteer Specialist.

My job is to reinvigorate the volunteer program at Howard Brown, inspiring a heart of service in the communities that we serve. I am working with program staff, our clinic teams, and our event planning colleagues to identify opportunities for volunteering at Howard Brown and match volunteers new and old with opportunities that suit their skills and interests. We can accommodate individuals and groups who are interested in volunteering for an event or at one of our sites and can match you with a program or activity that matches your interests.



Terra Campbell (center) with first-time volunteers

Volunteer opportunities include office work at Howard Brown or Broadway Youth Center, greeting visitors at one of our clinics, sorting and moving inventory at a Brown Elephant store, supporting HIV and STI screenings in the community, and more.

You can learn about volunteering and fill out our application form at howardbrown.org/volunteer or feel free to contact me at volunteer@howardbrown.org for a conversation or questions.

It's That Time Again: Back-to-school Physicals

Howard Brown Health is reserving appointment times for back-to-school physical exams throughout the month of August. Students can get a health exam, required school forms, and vaccines up to date for the school year all in one appointment.

All are welcome. Howard Brown Health sees all patients regardless of their ability to pay. Howard Brown Health offers financial help for healthcare and other services to qualifying patients who are uninsured or underinsured and have low income. We also accept many private insurance plans in addition to Medicaid and Medicare.

Call 773.388.1600 to schedule a school physical appointment today. To shorten your visit, bring previous records if available.

School physical appointments are available at the following locations across Chicago:

Englewood: 641 W. 63rd Street
Uptown: 4025 N. Sheridan Road
Rogers Park: 6500 N. Clark Street
Lakeview: 3245 N. Halsted Street

